



The Meadowlark

Volume 27, No. 4 May, 2014

Retirees Learn About NC Income Tax Changes

Approximately 200 CCRC residents attended the annual meeting of the Eastern Region of the North Carolina Continuing Care Residents Association (NCCCRA) on April 9 at the Galloway Ridge retirement community. The program theme, "Recent Scary Changes for Seniors in NC Personal Income Taxes," featured Guido van der Hoeven, the Extension Specialist responsible for the NC Personal Income Tax Curriculum at North Carolina State University's McKimmon Center.

Changes in Tax Rates

Van der Hoeven first outlined the major changes in tax rates. North Carolina has moved from a progressive income tax rate to a flat rate. For 2014, the rate will be 5.8% (down from 6, 7, and 7.75%). For 2015 and subsequent years, it will fall to 5.75%. The estate tax, which affected approximately 35 estates in 2012, has been repealed.

Changes in Personal Exemptions and Standard Deductions

Personal exemptions (previously \$2,000-\$2,500) have been eliminated. However, the standard deductions have been increased:

- \$15,000 for Married Filing a Joint Return, up from \$6,000
- \$12,000 for Head of Household, up from \$4,400
- \$7,500 for taxpayers filing a Single or Married Filing Separate tax returns, up from \$6,000).

Retirement Deductions

The Bailey, Emory and Patton qualifying retirement deductions, which apply to NC public employees who retired by 1989, are still deductible. However, the retirement deduction of \$4,000 for other retirement plans is repealed, as is the private IRA retirement deduction of \$2,000.

Major Changes in Itemized Deductions

Of greatest interest to seniors is the change in itemized deductions. All charitable contributions are allowed as a deduction, as are mortgage interest and property taxes on real estate up to \$20,000. However, the medical deductions, allowed on the federal return, must be added back to the NC tax return. These repealed deductions include costs for skilled nursing care, as well as a portion of assisted living and independent living fees that residents declare on their federal tax returns on the advice of their tax preparer or accountant. Long-term care premiums are also no longer deductible. Other federal tax deductions not allowed on the NC tax return are state income taxes, miscellaneous itemized deductions and property taxes.

Winners and Losers

Obviously, with tax policy changes of this magnitude, there are net winners and net losers. The North Carolina Budget & Tax Center estimates that, overall,

those with incomes above \$151,000 will be net winners, with the biggest winners being those with incomes at \$345,000 and above. Those with incomes below these levels will see increases, including those dependent on the Earned Income Tax Credit (EITC), which has been eliminated. Of course, the actual results for any individuals or couples depend upon their particular circumstances, the level of their income and the extent to which they benefitted from itemized deductions no longer allowable.

Those eager to know if they are winners or losers might ask their accountants to take their 2013 return, eliminate the itemized deductions no longer allowed, and then apply the new rates for an estimate of their 2014 taxes. Or they can anxiously await the results of their filing in spring 2015.

Revenue Projections

The non-partisan Fiscal Research Division of the NC General Assembly has projected that, owing to the tax cuts, state revenue will decline by approximately \$2.4 billion over the next five fiscal years. Sponsors of the tax reform legislation maintain that the tax cuts will stimulate business and thus create new jobs and additional revenue. Like our actual tax bills for 2014, we will have a better idea of how this strategy is working by April 2015.

- Judith Pulley

President's Message

Resident-sponsored activities, which currently number over 50, are meant to reflect the interests of residents. As such, the number of activities varies as new interests are identified and some existing activities fail to find an audience or a leader.

An example of the inauguration of a new activity was the development of Carolina Meadows University, which kicked off its series of short courses (generally three lectures over a three-week period) last October. This activity has drawn large audiences, having already presented programs on the British Parliament, Pharmaceuticals (Jo and Terry Graedon), College Athletics, and Southern Politics. Its most recent program on Dance in Broadway Musical Theater began on April 28. Another new activity that debuted last year was the Philosophy Group.

On the other hand, some activities that were once popular have been disbanded. Among these are Adopt-a-Highway, Ballroom Dancing, Bird Watchers, and the Photo Club. The most recent activity that may suffer this fate is Meet the Author. The North Carolina Triangle is especially rich in authors of fiction, nonfiction, and poetry. This program was designed to take advantage of our literary environment by presenting local authors and their works to Carolina Meadows residents. Authors have usually read from their new works, followed by a question and answer period. Unfortunately, Jim Parker is no longer able to lead this group. Any resident who is interested in keeping the activity going is urged to contact Jim for further information.

The initiation of new activities is representative of the dynamism of Carolina Meadows, as new residents bring and implement new ideas that enrich our community. The demise of some activities, when representing declining interest, is also to be welcomed as it leaves time in our lives for new interests. Moreover, if interest in a defunct activity arises again, there is nothing to prevent residents from reactivating it. However, if the discontinuation occurs despite general interest and for lack of a leader, it is a strong reminder of the great contribution made by those residents who are willing to take responsibility for initiating or continuing an activity.

We all have a role to play in making Carolina Meadows a vibrant community, whether as participants or leaders of activities and committees. Each year, with the President's Awards, we have the means to honor the service of some of our many residents who provide the gift of leadership within our community. I would urge you to view the plaques just outside the Auditorium where we have engraved the names of all past recipients of this award. It is an apt reminder of the outstanding leaders among us.



Breakfront Display for June

The display for June will be unusual coffee and tea collectibles. If you have items that fit this category call Mike Bailey (919-929-4257) or Sallie Comey (919-969-6577).

- Pepita Huddleston, Chair

THE MEADOWLARK

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June, July, August Issue Deadline

Copy for the June, July, August *Meadowlark* must be submitted by **May 15** to Mary Jo Doherty at bandmj@mindspring.com. Email attachments in MS Word format are preferred over regular emails or hard copy, but are not required. Please call Mary Jo at (919) 932-9932 if you have any questions or problems.

Carolina Meadows Census As of March 31, 2014

Number of Residents	Occupancy Level		
Independent Living:			
612	94%		
The Fairways:			
61	77%		
The Pines*:			
58	83%*		
Total:			
731	91%		
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*Includes temporary admission of IL and AL residents.

John Modisett Named to CM Board of Directors

The Carolina Meadows Board of Directors has elected John Modisett as the new resident representative. A wise choice. He brings to the Board a wide range of business and marketing skills honed in a variety of venues.



After college, where he met his wife Barbara, they enjoyed an enviable two-year "honeymoon" with the Air Force in Germany. Then the "naive and unsophisticated" product of the upper mid-West set his sights on the glamorous world of advertising. John met his first marketing challenge - selling himself - by receiving job offers from four of the then five largest adver-

tising agencies. He began his professional career with N.W. Ayer in Philadelphia, moving two years later to J. Walter Thompson in Chicago.

With 20 years of increasing responsibility in account and office management behind him, John chose to refocus his efforts on "making a contribution to society" in the not-for-profit sector. He accepted an offer to join Chicago Public Television where he thrived. Four years later he was presented with another marketing opportunity: raising the profile and expanding the reach of Evanston Hospital, a major teaching hospital with the Northwestern Medical School. It was a highly productive and satisfying tenure. but in 1990, at age 60, he and Barbara decided to move on.

A thorough and "hyperorganized" search for the right community in which to retire ended with the "near perfect" location - Chapel Hill. Not one to remain idle, John began a third career selling residential real estate, mostly with Tony Hall Associates, which he enjoyed for 15 years. In 2010 the Modisetts moved to Carolina Meadows. "Possibly, the smartest decision we ever made." Always eager to be engaged, John's activities here have included the Chairmanship of the Building and Grounds and Safety Committees, membership on the Public Relations Committee and serving as Precinct Representative for Building 2.

John has traveled extensively, having been introduced to Europe during his early years with the Air Force and the Thompson Agency, whose clients, conveniently, had offices abroad. A self-professed Anglophile, he is also a voracious reader of history and historical biography. Though John disclaims any proficiency in athletics or languages, he has been an avid tennis player and speaks English tolerably well.

- Chris Schmidt

General Pendleton, NC National Guard, to Speak on Memorial Day at The Meadows, 26 May 2014

Please join us in the Auditorium at 11 am on Monday, May 26 as we honor all those members of the armed forces who lost their lives while fighting our nation's battles. Wearing a blue forget-menot pin is a way to demonstrate that we have not forgotten their sacrifice.

Our speaker, Brigadier General Gary Pendleton, now retired after 26 years of military service, formerly commanded North Carolina's State Defense Forces. A graduate of the University of the State of New York and the Army War College, he also led Pendleton Financial Consulting for 38 years.

In addition to an address by General Pendleton, we will mark the day with music, a reading, the pledge of allegiance and the playing of TAPS to honor the 1.3 million members of the armed forces who died in our nation's wars from the American Revolution through combat in Iraq and Afghanistan.

Years ago, many residents will have heard their elders refer to such a solemn observance as Decoration Day from the 1868 appeal of General Josh Logan, Commander of the Grand Army of the Republic, who called upon Americans to decorate the graves of Union soldiers who had died in the late war. The former Confederate states soon embraced the idea, and all Americans joined to honor the 700,000 members of the armed forces now believed to have sacrificed their lives during the Civil War—more deaths than all of our nation's other wars combined. Called Memorial Day as early as 1882, it later became the day to honor all those who died while serving in the armed forces.

- Jim Abrahamson

Steve Pike: Chairman of the Board

One thing's for sure. Being Chairman of the CM Corporate Board is not just some ceremonial post. And Steve Pike doesn't treat it that way.



Aside from at least four quarterly Board meetings a year, there are at least a dozen Board committee meetings - governance, finance, outreach, strategic planning - and Board retreats, breakfast briefings, trips to conferences and numerous small group meetings on facilities planning, investment and finance issues, Board development and involvement in the life of Carolina Meadows. Steve has mastered them all and provides the kind of working leadership required these days of new challenges and opportunities confronting retirement communities.

Steve negotiates it all with grace and thoughtfulness, in close cooperation with the Carolina Meadows staff and every Board member. A tough job done well. It's not like he doesn't have a "real job." Stephen E. Pike is President and co-founder of Investors Trust Company in Chapel Hill. He has long experience in banking and finance, having been Senior Vice President of Central Carolina Bank and nearly 20 years with Citizens and Southern National Bank (now Bank of America), including management of the New York Regional Offices.

A lifetime of work in finance and investment management

makes him a great choice for our Board and its leadership. Kevin McLeod, CM President since 2005, says Pike "is a joy to work with, a hard worker who asks tough questions, and just the person needed [to chair the Board] during this period of growth for Carolina Meadows."

Steve's professional education includes a bachelor's degree in Economics from Dickinson College and an MBA from the Kenan-Flagler School of Business at UNC Chapel Hill.

Steve summarizes his work on the Meadows Board as "a great opportunity to serve great people and learn a lot in the process." We are glad he is on our team.

- Don Stedman

Employee Profile: Jody Hite



Want to reserve a meeting room and have it set up for you with chairs and visual aids? Or perhaps you

need posters for a function or even have the weekly golf tourney arranged. All these things and more are done through Jody Hite, our Senior Activities Specialist.

Born in Georgia and educated at East Carolina University, Jody came to CM 17 years ago and began by working with the Grounds Department.

Recently married, Jody is the proud "parent" of three dogs and lives in Durham. In good weather, she sometimes commutes the 20 miles to and from here on her Yamaha motorcycle. How cool is that! In her "spare" time, Jody follows the Durham Bulls and likes to read mysteries and biographies.

- Paul Richardson

Gift Shop Thoughts...

You can add the high pollen count and the consequent sniffles to the list of calamities that befell all of us in April. But now it is May, the Meadow Singers regaled us with Love Songs, the sun is shining, the birds are singing and the Kentucky Derby is on May 3. You can be assured that the Gift Shop has the right products for whatever inspires you, from simple ear phones to E-Reader covers for the beach, to elegant Sun Hats...... Why not a new summer purse?

I am certain you have heard the rumors that we have taken over the coveted space previously occupied by CM transportation. We thank the transportation crew for being so kind to us. We are now in the middle of making small alterations to that space so we can use it to maximum effect. It will become our office, a storage room for high turnover items and the place we hang our dark green aprons.

So you may well hear hammering in stereo for a spell. But it is not, I repeat NOT, a ploy to sell more Tylenol or Advil. We figure that the Dining Room renovation has rendered you immune to any more noise and related indignities.

Speaking of indignities, trundling down to the bathroom to try on a new garment may seem so last century to you. Therefore, after 25 years plus of operation, we are determined to find a corner somewhere for a dressing room so you can try on a blouse in private. We'll even install a mirror for you.

If that isn't a reason to celebrate, you need to come in and buy a candy bar. You'll feel much better then.

- Peter Baer, Mgr. Gift Shop

Coping Strategies for Reduced Dining Room Capacity

Last month we asked residents to share with us their experiences as they strove to cope with the limitations in Dining Room capacity. The most common strategies were those one would expect: either ordering meals for pick-up or delivery in advance or at the concierge station during meal hours.

Potluck and Family Style Dinners

One group of residents has filled the socializing void by arranging potluck dinners at members' homes. The host provides pre-dinner drinks and assigns dishes for others to bring. In addition, each couple or individual brings a bottle of wine.

Taking that idea a step further, Precinct Representative Lynn Ogden reports that Precinct 11 arranged with Catering Manager Thom Cranna to organize group dinners in three villas on April 29. Dinners will come family style for ease of warming. We look forward to learning from Lynn whether Precinct 11 residents will continue this plan in future months.

Al Fresco Anyone?

One idea, perhaps not yet tried, is to plan an al fresco dinner. Bring a picnic basket with basic utensils, napkins and glasses (in case wine is also in your plans), go to the concierge station and place your order, enjoy wine and complimentary hors-d'oeuvres while you wait and when your order is delivered, go to the Courtyard outside of the Fitness Center or the Meadow Garden. The Café, even though closed, has a supply of napkins, plastic utensils and trash containers. And don't forget lunch in the Courtyard. The Gift and Remembrance Committee is making access to the

Courtyard easier.

Mark Maxwell's Report

When asked what were the best times and days to secure a same-day reservation, Vice President for Dining Services Mark Maxwell reported that there are relatively few reservations made for lunch and on most days tables are available. On the other hand, Sunday Brunch is much busier and reservations are strongly recommended. As for dinner, Thursday is usually a slower night, although it is getting busier. With respect to hours, those making a same-day reservation will likely have to settle for a reservation after 7 pm.

Mark reports that feedback from residents is generally supportive and positive. Dining Services plans to equip the Dining Concierge with an electronic ordering capability to smooth out the meal take-out process and separate it from the queue of residents waiting to be seated.

Socialization in the Lobby

The Lobby wine bar and complimentary hors-d'oeuvres, coffee and sweet-bites have been a huge hit, creating an inviting atmosphere in which residents can socialize before and after dinner. According to Mark, "We are looking at ways we can keep this going during the renovations and beyond."

Sadly, a few residents are taking advantage of the generosity of Dining Services by coming for the complimentary refreshments without bothering to order a dinner. It is hoped that those adopting this strategy will reconsider after contemplating the impact on the Dining Services budget.

- Judith Pulley

AL WHO?

Let's all enjoy this nice weather and take our Café purchases out to the Courtyard. Soon we will have an electric door leading to the Courtvard from the Activities Room. The Gift and Remembrance Committee has financed this improvement. Without spilling your soup or coffee, you may also enjoy the beautiful water fountain and gardens in the Courtyard. Just remember to take your tray and paper goods back to the trash containers in the Café. As the old joke goes: We are having dinner tonight al fresco. Al who?

- Sallie Comey

CM UNC-TV Campaign Skids Over Finish Line

After awarding a check for \$17,481 to UNC-TV on Saint Patrick's Eve, Meadows residents and their company matching programs contributed more than an additional \$5,200 to put Carolina Meadows just over the top of its \$22,500 goal for 2014.

The total effort by Carolina Meadows for UNC-TV this year, including the Meadows Campaign funds pledged to UNC-TV on the statewide telethon night plus UNC-TV challenge pledges, brought in over \$54,000 to support UNC Public Television.

CM residents should be proud of their generosity and their responsiveness to the continuing needs of public television.

- Don Stedman

Consuming Passions: Elements - for Vibrant Flavors

By Dorothy Mahan

His story is in the "Only in America" tradition. Michael Chuong, Owner-Chef of Elements, was born in South Vietnam. At age 15 he fled Communist rule and escaped to a refugee camp in Singapore. He later landed in New Orleans where he attended school and worked in restaurants. In that food mecca Chuong honed his skills in Asian and European cuisines and was gradually promoted to top positions. Appointments as Chef de Cuisine in the five-star Le Continent, the Energy Club and other premier restaurants exposed him to a wider audience.

Finally he was lured to Cary as Executive Chef at the Prestonwood Country Club. Ann Goodnight, a prominent member, recognized his talents and chose him as Chef-Partner at her upscale restaurant An in Cary. Chuong's innovative cuisine attracted a loyal following there and in 2012 he was ready to open his own Asian-Fusion restaurant, Elements, in Chapel Hill.

Annette and Charlie Kahn, frequent diners at Elements, joined me there for dinner. The new venue, previously occupied by two Asian restaurants, now presents a sleek, contemporary aesthetic. The large glass facade invites you to an interior with crisp black and white accents. We were led to Annette's favorite table in the dining room and seated on that restaurant rarity – comfortable upholstered chairs that drew Charlie's appreciation.

From a menu abundantly full of surprises, we settled on two appetizers, Hanoi Calamari and mussels. The calamari arrived in a light crust on a bed of chopped Napa cabbage with flecks of turmeric, dill and peanut. Those few tested seasonings, joined with the zing of a Vietnamese dipping sauce, revived a favorite dish. Our mussels came in a complex mix of Madras curry, lemongrass, confetti peppers and coconut milk. The mussels, meltingly tender, swimming in that vibrant sauce, made the point: Chuong is the master of flavor.

Charlie chose the Walnut Prawns entree, so popular it remains on the menu despite frequent menu changes. Jasmine rice accompanied six crispy prawns covered in a lightly spiced honey glaze. Alongside each shrimp a large candied walnut rested on cabbage slaw with the kick of confetti peppers. Annette's Scallops and Maine Lobster Fricassee, unlike the traditional stew in white sauce, were individual pieces, cut to look almost sculptural, seated atop a Ginger Butter Sauce with lavers of nuanced flavor. My Korean-style Bouillabaisse generously featured monkfish, shrimp, calamari, mussels, scallops and mushrooms with plump Udon noodles. The delicate broth with its fish infusion, while less robust than the Marseilles style, shows a chef who understands restraint.

That scrupulous attention to "elements," fresh ingredients with curated seasonings, in the hands of a master is memorable. The generous offerings at Elements seem reasonably priced even in the high-end \$24-\$32 range. If there is one caveat, it is that the service is uneven, based on pro and con reports, and on this particular occasion not up to the standard of the food.

Men's Breakfast

Our speaker for Wednesday, May 21 at 8:30 am will be Professor Donald Lauria. His topic will be "An Itsy Bitsy Teeny Weenie Taste of Zen."

Sign up by Thursday, May 15 and please wear your nametags.

Women's Luncheon

All are welcome to attend the next Women's Group luncheon, which will be held in the Private Dining Room on Tuesday, May 13. Doors will open at 11:45 am. Our speaker will be Neha Shah, Director of Tourism for Chatham County. Since she is likely to be a popular speaker and give us ideas to help us entertain our guests as well as ourselves and since we will have space for fewer women due to the construction, be sure to sign up by calling Jody Hite at 370-7171 to make a reservation starting May first.

- Jean Gilles

Kentucky Derby Party

Saturday, May 3
5:30 pm, Auditorium
\$15.00 plus \$2 service charge
covers admission and cold buffet

Almost Sold Out

Bring \$1.00 bills to place bets. Bring cash for drink vouchers. And don't forget your hat!

Four Residents Honored with President's Award



From left to right: Sallie Comey, Lynn Ogden, Joe Mengel, Bill Delanty

Photo by John Haynes

One of the great pleasures of the Residents Association's Annual Meeting is the opportunity to recognize the outstanding contributions of a select number of residents. This year President Judith Pulley honored four such individuals:

Sallie Comey

Sallie Comey was recognized for her work as a co-director of Camp MeadowWood, a summer program for special needs children, her service as Vice President and then President of the Residents Association, as well as her contributions as the Volunteer Coordinator for the Gift Shop, chairmanship of the Gift and Remembrance Committee, and service on the Health and Wellness Committee, where she has been a strong promoter of the Visual Information Program.

Bill Delanty

Bill Delanty's contributions have included service as Vice President and President of the Residents Association, director of the Meadows Assistance Program, chairmanship of the Bylaws Committee and leadership of the Media Group. He has also promoted the Volunteer Income Tax Assistance program and provided assistance to technology-challenged residents seeking to use equipment in the Residents Business Center. Finally, he has served as the leader of the Unity Group.

Joe Mengel

During his time at Carolina Meadows, Joe Mengel has devoted himself to documenting the major events in the community. His photography has appeared in A Celebration of the 25th Anniversary, the history of Carolina Meadows from 1985-2010, and enlivens every issue of The Meadowlark. He has served as the leader of the Photo Club and Travel Adventures. Most recently he helped to create the Photo Gallery in the Plant Operations Building, where his photographs of Carolina Meadows are on display.

Lynn Ogden

Lynn Ogden has been a tireless volunteer in service to the residents of Chatham County. He has promoted the work of the Chatham Council on Literacy, personally teaching CM staff English as a second language and persuading others to become tutors. He volunteers for the Family Violence/Rape Crisis Help Line and promotes and supports Chatham County Together, CORA, Habitat and the Chatham Council on Aging. He also volunteers as a "Friendly Caller" for housebound citizens. Finally, he has been an outstanding chair of CM's Community Outreach Volunteers Committee.

- Judith Pulley

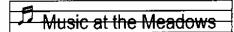
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Philosophy Group

The Philosophy Discussion Group under the guidance of Dr. Steven Swartzer, UNC Philosophy Department, will be observing the usual summer break during May, June and July. The fall sessions will begin on August 27.

During summer break Dr. Swartzer would like the group to ponder on relevant directions and topics to pursue in the upcoming sessions.

- Marlene Appley



Magical Music for May

If you haven't heard Clara Yang's magic on the keyboard, May will be your chance. She has played with the NC Symphony more than once, most recently playing the Schumann Piano Concerto under Maestro Llewellyn's baton. Ms. Yang's fingers will grace our own Steinway on Sunday, May 18 at 2 pm. And what a program:

A Beethoven sonata Schumann's Humoresque A Barber Ballade And more

Absolutely not to be missed! - John Gabor

Phoenix Theater Company

presents three scenes ranging from comic farce to tragedy. Wednesday, May 21 7:30 pm Auditorium

California Suite was written by Neil Simon. Nine years ago Hannah and Billy got a divorce. She stayed in New York, continuing her cosmopolitan life and career as an editor for Newsweek. Billy moved to Hollywood. He embraced the California lifestyle wholeheartedly. All they now have in common is their seventeen-year-old daughter, Jenny. Jenny has spent summers with her father, but now she wants to live with him. The scene takes place on a hot Thanksgiving Day in Hanna's suite at the Beverly Hills Hotel.

Crimes of the Heart is a tragic comedy written by Beth Henley and features the McGrath sisters

Village Voices and Harmony Grits

Monday, May 12 7:30 pm Auditorium

Fearrington's Village Voices and Harmony Grits return May 12! Our Fearrington neighbors will share their spring program of romantic ballads under the improbable title: "You and I and the Music." The combined men's and women's voices will sing Gershwin tunes: "Nice Work If You Can Get It," Berlin's "What'll I Do?," Jerome Kern's "The Way You Look Tonight" and "All The Things You Are," and others. The women will sing Vicki Tucker Courtney's "I Will Always Remember You" and Joe McCarthy's "You Made Me Love You." Among the men's offerings will be an old English sea shanty, close barbershop harmony, and the winning standard, Richard Rodger's "If I Loved You." There will be other musical surprises along the way.

of Hazlehurst, Mississippi. Babe, the youngest, is out on bail after she shot her nasty husband. He was suspicious that she was having an affair with a boy named Willie Jay, which she was. This scene is between Babe and Meg, her oldest sister, where each woman is forced to face the consequences of the "crimes of the heart" she has committed.

Ghosts was written by Henrik Ibsen in 1881. Mrs. Alving and her son Oswald confront the ghosts from the past and find that they have entered the present when Oswald confesses a terrible secret that he has carried for some time. Mrs. Alving has to choose how she will help her son with this secret since he is the only thing in the world she truly loves.

Community Gardens

Most gardeners have planted at least some of their garden space. Newcomers should be aware that the raised beds dry out rather quickly. Adding additional compost or other organic matter and mulching will facilitate healthy growth.

At this writing, many of the garden paths contain weeds that will soon go to seed. Please be a good citizen and keep up with weeds in your garden AND in adjacent paths.

All of the gardens are currently assigned and more gardeners are sharing than ever before. However, it is not too late to request a bit of planting space; there are some gardeners who are willing to provide that opportunity. Late application forms are available on meadowlife.org and near resident mailboxes in the Club Center hallway.

This year we are making a special effort to see that everyone's vegetables are picked when ripe—and not allowed to get overripe and become inedible—as has sometimes happened. To this end, please get to know your gardening neighbors and exchange care for each other's garden spaces when anyone is away or unable to care for his or her garden in a timely manner.

Please report any problems at the gardens directly to Elizabeth Holdridge, Landscape Supervisor.

Is anyone interested in helping to establish a GARDENERS LIST.SERVE, similar to Meadowtalk? If so, please contact one of the coordinators listed below.

- Ernie Kraybill and Margy King, coordinators

CMU Continues Our Wonderful Spring Semester with...

...Kathryn Moss' very popular mini-course on "Dance in Broadway Musical Theater." Her first session focused on dance in early musical shows and even earlier plays with a smattering of song and dance. Now, she will give us an update on dance in "the Golden Years" of Broadway musicals on May 5 and in more recent years on May 12, from 1-2:30 pm in the Lecture Hall.

Those of you who made it to Session One already know you're in for a treat. Pass it on. Remember that, although the idea of CMU is to provide a mini-course approach offering some depth in the subject matter, anyone may come to any session and should! It is exciting and fun to highlight our own resident-scholars, not just always going outside for faculty.

Kathryn Moss proves the point. Even people with advanced degrees (in Kathryn's case, a PhD in Social Policy from Brandeis and 30 years of university teaching and research) can have other academic and recreational passions. You've heard and seen Kathryn at the piano accompanying the MeadowSingers or in one of her concerts in the Auditorium, so you know her keyboard talent. Now come witness some of her further musical insights.

CMU will end the successful second semester with a splash. Don't miss John Shelton Reed's discussion of how he got the more than 180 photographs for his new book (he has 18 others on his resume) *Dixie Bohemia*, LSU Press 2012, with a special graduation lecture on June 2. Again, we highlight one of our own.

Following his impressive edu-

cation, including a PhD in Sociology from Columbia, John had a distinguished academic career at UNC-Chapel Hill. He retired as Kenan Professor of Sociology and Director of the Odum Institute for Research in Social Sciences. We know you might prefer to hear John hold forth on his other passion, wood-smoked barbeque (and his best selling book *Holy Smoke*), but his New Orleans stories are, if possible, even better.

- Hugh Tilson

Unity Group: Don Stedman on Education

On Thursday, May 22, at 1:30 pm in the Lecture Hall, the Unity Group will feature Carolina Meadows' own Don Stedman, retired Dean of the UNC School of Education. Don will address the values and challenges of education.

Publications are awash with educational problems affecting our youth. Don will present a brief history of public school reform efforts since the "Nation at Risk" report in 1983, then identify the six major obstacles to successful reform and what might be done to deal with or remove them.

Don Stedman brings keen intellect and more than 30 years experience in the field, gained at UNC, Duke and Vanderbilt Universities. In addition, he is Founding Chair of New Voices Foundation to educate gifted, though physically handicapped, students.

Few subjects are more important to America than educating those who will carry on. One hour to hear and question the talk will be time well spent.

- Bill Delanty

"Opera to Broadway" presented by A Grand Time for Singing

Friday, May 9 2:00 pm Auditorium

The group has been entertaining audiences in the Triangle since 1999. The program is unique in that it gives you an opportunity to hear opera arias and ensembles, as well as Broadway show tunes and ensembles. It will include such things as the "Benedictus" from Mozart's Requiem Mass in D Minor, "I Dreamed a Dream" from Les Miserables, "Pie Jesu" from Phantom of the Opera, "More" by Glazer and a "Se Vuol Ballare" from The Marriage of Figaro.

Group members serve as 'docents' much like an art 'docent' does with a painting. They do this by introducing audiences to some of the musical forms that are sung, giving synopses related to what is being sung and translating important foreign phrases from opera into English. They also familiarize audiences with what is going on in the opera scene or Broadway show to increase their enjoyment of opera and show tunes.

Jack DeBruyn (bass) and Carol Springfield (soprano) have been soloists with the Orange County Master Chorale in California and the NC Master Chorale. Joan Onties (mezzo soprano) has had extensive acting and singing training and experience. Jim Fields (tenor) has many musical skills including singing and playing the saxophone and clarinet. Nathan Proctor (pianist and accompanist) brings his excellent skills as an organist and pianist to round out the group. Together, both the opera and the show tunes run the gamut of emotions to give you a memorable experience.

World Affairs

World Affairs meets on Fridays at 10:30 am in the Lecture Hall unless otherwise noted. The programs for May are:

May 2: The Town Before Brown. Resident Gerry Unks presents a documentary that he produced in 2008 about segregation in Chapel Hill before the Brown v. Board of Education decision of 1954. The topic builds on one of the issues raised in the CMU course, "Red, Black and Blue: The South in American Politics." Raymond Pulley will lead the discussion.

May 9: Samuel R. Williamson, "The Start of the First World War: What Happened and Why It Still Matters." As we approach the 100th anniversary of the outbreak of World War I, Sam Williamson will present a thought-provoking introduction to an event that greatly influenced the future course of the 20th century. Dr. Williamson, the former President of The University of the South (Sewanee), is considered one of the foremost American historians on the origins of World War I. He has authored a number of prize-winning books on this topic.

May 16: Judith Pulley, "Ukraine: Torn between East and West." This program will build upon the lecture on Ukraine offered on April 18 by Professor Klaus Larres. Hence the exact focus will depend on the content of his presentation, as well as the state of affairs in Ukraine by mid-May.

May 23: *The Story of India: Freedom.* This documentary, distributed by PBS, covers the history of India over the ages. We will view

Part 6, which chronicles India under British rule and then Indian independence and division into India and Pakistan. It will provide a helpful background for the May 30 discussion of India's recent elections.

May 30: Subash Batra, "An Overview of the Outcome of India's General Elections." These important elections are being held in nine phases and will take place in all 543 parliamentary constituencies between April 7 and May 12. The results, which will determine the makeup of India's leadership, should be known by May 16. Recent resident Subash Batra, a native of India, will discuss the outcome of these elections and what it may mean for the future direction of India.

- Judith Pulley

Bocce Players Welcome Newcomers

Beautiful spring mornings provide a perfect background for playing Bocce. We invite you to join the small core group that has a good time on Monday, Wednesday and Friday mornings. The starting time is 9 am.

Bocce is played on the two beautifully maintained courts across from the tennis courts. We can accommodate up to 16 players. The game is simple, fun and doesn't require a great deal of strength. Those who play regularly are eager to teach newcomers.

For more information contact Tom Kelley. e-mail: newsynight@aol.com; telephone: 919-240-4132.

Meadowlark Elves

Ever wonder how *The Meadowlark* magically appears in your mailbox each month? We recently visited the process and observed several of the folks who provide the magic. It all takes place right here in the Residents Business Center.

Under the able direction of Bob Kent, the team produces over 700 copies of *The Meadowlark* over a three-night period. The copier is programmed to copy both sides of paper, fold and staple, all in one pass that takes about 35 seconds per magazine.

If all this sounds easy, be assured it isn't. In no particular order, these are the elves who do the work:



Erv Dedeker struggles to locate a paper jam.
Photo by Paul Richardson.

Norm Wells John Roberts
Bill Delanty Joan Ogden
Bob Lackey Art Langdon
Dorothy O'Connell Ervin Dedeker

Last, but by no means least in the process, is Lois Morhart, who carefully places *The Meadowlark* into our mailboxes (with the assistance of other volunteers when there is a calendar insert).

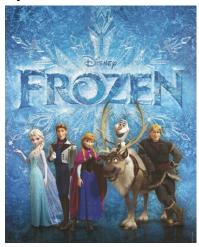
- Paul Richardson

Films for May, 7:15 pm, Auditorium

(Selected by David Bohner)

May 3: No movie this Saturday

May 10: Frozen



Filmed in 2013, it runs for 108 minutes. This is the most successful animated movie ever made. In the category of "Animated Movies" it won both the 2014 Oscar and the 2014 Golden Globe. Its music also won an Oscar. A hot movie! Anna teams up with a rugged mountain man and his trusty reindeer to rescue her sister, who is trapped in a land of unending frozen winter. English Subtitles.

May 17: Made in Dagenham

A British film from 1968, it runs for 113 minutes, from the director who gave us Calendar Girls. Essentially a true story, subject to the usual liberties taken by filmmakers to make the bare facts more entertaining. From 1931 the U.S. Ford Auto Company has had a huge manufacturing plant at Dagenham, a large eastern suburb of London. In 1968 the women employees struck for equal pay, and their strike had worldwide consequences. English Subtitles.

May 24: Vitus

A Swiss film made in 2006, it runs for 123 minutes. A boy genius is pushed by his parents into the life of a piano prodigy. Encouraged by his eccentric grandfather, he sets off on his own course. There are some stirring musical sequences and the film has been said to be "as beautifully crafted as a Swiss watch". English Subtitles.

May 31: Bull Durham

Filmed in 1988, much of it at the ballpark in Durham, NC, it runs for 108 minutes and stars Kevin Kostner and Susan Sarandon. Sarandon plays a woman who follows a North Carolina baseball team and feels it her duty to live with a new young player, each season, to help him mature. The film is literate and funny; there are some seriously sexy scenes near the end (BE WARNED!). English subtitles.

- Walter Smith

New Suggestions for Golf Cart Usage

Resident Services reports there are now 92 Carolina Meadows residents who have registered golf carts. In addition, there are 44 golf carts in use by CM employees. This makes a total of 136 golf carts in regular use on campus thoroughfares. Because of the sizable number of these vehicles, the Safety Committee felt the need to expand the golf cart section on Safety Precautions on Walkways and Roads in the recently revised edition of the Carolina Meadows Safety Manual.

Included among suggestions for appropriate golf cart usage are the following:

• In parking lots, carts should be parked in the spaces



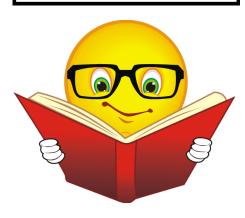
designated for cart parking. Only if there are no signed parking spaces available may automobile spaces be used. The brake lock must be fully engaged whenever the cart is parked.

- Carts should have a side view mirror on the driver's side. However, it is preferable to have a side view mirror on each side of the vehicle.
- If the cart is not equipped with turn signals, the driver should use left arm signals.
- Front headlight(s) and rear red indicator (tail) lights must be used at all times beginning at dusk. If the cart is not equipped with these lights, the cart should not be used after dusk.
- It is recommended that all carts be equipped with a horn enabling the driver to gain the attention of a pedestrian or the driver of another vehicle if necessary.

All golf cart owners have been furnished with a copy of the complete golf cart section in the Safety Manual. Others wishing to read this section in the Safety Manual will find the entire Manual on MeadowLife. Just click on the right side bar of the MeadowLife home page, selecting "Campus Map, Residents Handbook, and Safety Manual."

- John Modisett

Library News



Of the 692 residents listed in the May 2013 Directory, 349 mentioned reading as an interest. Eight noted their reading preferences. As the years go by and our eyes grow dim, Carolina Meadows readers can satisfy their longing for something to read by borrowing LARGE PRINT books from the Library.

Of those who expressed their preferences, four liked biographies. Among the LARGE PRINT books they, and others who enjoy biographies, can find the life stories of innumerable Presidents, Abigail Adams, Steve Jobs, Cleopatra, the First Elizabeth, Judi Dench, Richard Russo, Anna Quindlen and lesser persona, including a cat, a couple of dogs and Rin Tin Tin.

The gentleman who likes mysteries can select whodunits in LARGE PRINT by more than 100 different authors, including current favorites like James Patterson, Anne Perry and Charles Todd as well as old favorites like Agatha Christie, Dick Francis, Rex Stout and Margaret Truman.

For the two readers who find nonfiction more to their taste, a small selection is available in LARGE PRINT in our library. Some of the recent additions are: Randall's Dreamland, Boo's The Beautiful Forever, Steel's A Gift of Hope and Bryson's One Summer, America 1927. Readers will also find nonfiction titles in subjects of special interest to the elderly, like Weil's Healthy Aging or books that simply promise a good read like Vicki Myron's Dewey, the Smalltown Cat Who Touched the World.

Many books are not published in LARGE PRINT and when they are, the cost is much higher than the regular print versions. The LARGE PRINT section of our library contains approximately 1,250 books; every effort is made to have titles that reflect the various interests of our community.

Below are titles of some recent acquisitions. A complete list is in the blue notebook in the bookcase of new books and also on the MeadowLife website.

Regular Print

Fiction

An Officer and a Spy – Robert Harris

A Future Arrived – Phillip Rock The Ambassador's Daughter – Pam Jenoff

The Wife, the Maid, and the Mistress – Ariel Lawhon

Be Careful What You Wish For –

Jeffrey Archer

Perfect – Rachel Joyce King and Maxwell – David Baldacci The Spymistress – Jennifer Chiaverinio

Story Collection

Starting Over – Elizabeth Spencer Redeployment – Phil Klay

Mystery

No Man's Nightingale – Ruth Rendell
Dick Francis's Refusal – Felix Fran-

cis

After I'm Gone – Laura Lippman Ripper – Isabel Allende The Innocence Game – Michael T. Harvey

Biography

Lost Child of Philomena Lee – Martin Sixsmith

Flappers: Six Women of a Dangerous Generation – Judith Mackrell Little Failure – Gary Shteyngart 18 in America: A Young Golfer's Epic Journey – Dylan Dethier

Nonfiction

The Boys in the Boat: 1936 Berlin Olympics – Daniel Brown How Chance and Stupidity Have Changed History – Erik Durschmied

A Wilderness So Immense: Louisiana Purchase – Jon Kukla Testament: A Soldier's Story of the Civil War – Benson Bobrick

Large Print

<u>Fiction</u>

The Widow's Protector –
Stephanie Newton
Miss Julia Stirs Up Trouble –
Ann B. Ross
Arcadia – Lauren Groff
The Chance – Karen Kingsbury
The Lifeboat – Charlotte
Rogan
Where Azaleas Bloom –
Sherryl Woods
The Kashmir Shawl – Rosie
Thomas

Mystery Shadow Woman – Linda Howard Hunting Shadows – Charles Todd

- Elizabeth Tate - Martha Hutt, scribe

New DVDs for the Library

NOTE: A list of the most recently acquired DVDs can be found in a notebook on the first shelf of the Library's circulation desk.

Philomena

A world-weary political journalist picks up the story of a woman's search for her son, who was taken away from her decades ago after she became pregnant and was forced to live in a convent.

The Great Beauty

A man has seduced his way through the lavish nightlife of Rome for decades, but after his 65th birthday and a shock from the past, he looks past the nightclubs and parties to find a timeless landscape of absurd, exquisite beauty.

Saving Mr. Banks

This film reveals the surprising backstory behind the making of the Disney classic, *Mary Poppins*. Determined to fulfill a promise to his daughters, Disney (Hanks) tries for 20 years to obtain the rights to author P. L. Travers' (Thompson) beloved book.

At Middleton

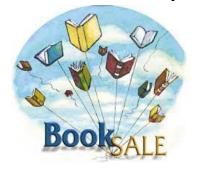
A man and woman fall in love while taking their kids on a college admissions tour.

The Book Thief

While subjected to the horrors of World War II Germany, young Liesel finds solace by stealing books and sharing them with others, while under the stairs in her home, a Jewish refugee is being sheltered by her adoptive parents.

The Prince and the Showgirl
A tale of opposites attracting.
- The DVD Acquisition Committee

A Win-Win on May 7



Next Wednesday, May 7, the Auditorium will be filled with thousands of books for sale at wonderful prices and with a myriad of choices. This is an opportunity to gather books for your personal use as well as pick up bargains for gifts for spouses, children and grandchildren.

Come early at 8 am for the best selection. Come from 2 until 3 pm and fill up a bag for \$5, but come!

Please encourage your friends, neighbors and previous neighbors to attend the sale, since the volume of buyers determines success or failure.

Remember, all proceeds of the sale go to the Carolina Meadows
Library, so your purchases not only enrich your life, but also help keep our library viable and growing.

- Jim Seitzer

Book Group, May 21, 2 pm in the Lecture Hall

We will be discussing *Cataloochee* by Wayne Caldwell, wonderful historical fiction about early settlers to North Carolina. Against the breathtaking backdrop of Appalachia comes a rich, multilayered post-Civil War saga of three generations of families – their dreams, their downfalls and their faith.

Nestled in the mountains of North Carolina sits Cataloochee. In a time when "where you was born was where God wanted you," the Wrights and the Carters, both farming families, travel to the valley to escape the rapid growth of neighboring towns and to have a few hundred acres all to themselves. But progress eventually winds its way to Cataloochee, too, and year after year the population swells as more people come to the valley to stake their fortune.

Wayne Caldwell, a North Carolina author, brings to life the community's historic struggles and close kinships over a span of six decades. Full of humor, darkness, beauty and wisdom, *Cataloochee* is a classic novel of place and family.

- Mary Reardon

Thoughtful People

The speaker for our May meeting is Kaja Finkler who came from Poland to the US as an eleven-year old. She studied anthropology at the City University of New York, earning the PhD there. Before coming to CM in 2012, she was a long-time professor in the UNC Department of Anthropology. A remarkably productive scholar, she is the author of five books and several dozen articles on a wide variety of subjects. In support of her work, she has been awarded many research grants.

A good deal of Professor
Finkler's work was done in the sub
field of medical anthropology, a
matter she will certainly explain.
Not surprisingly, she has done
much fieldwork abroad, notably in
Mexico. Reviewing the methodology she employed there, she will
touch on how it worked in treating
such diverse phenomena as women's health and the curing of illnesses by spiritual healers.

To tune in to "An Anthropologist at Work," come Tuesday, May, 20 at 3 pm to the Gallery at the Fairways.

- Sam Baron

Community Outreach Corner

On May 14, Community Outreach Volunteers Committee (COVC) members will visit Chatham County Habitat for Humanity sites and the Habitat Re-Store in Pittsboro. We hope to see and learn about the full scope of what this important agency does in and for the community. Look for Vickie Badrow's article about Chatham Habitat elsewhere in this issue to understand Carolina Meadows's long time connection with Habitat. Working with Habitat might be just the volunteer opportunity that interests you.

Although by the time you read this another successful Carolina Meadows annual CORA Food Drive will have ended, the need to help feed Chatham County families is constant. Those of you who heard CORA Director Beth Budd speak at the Residents Association meeting in April learned something about how great the need is. Please continue to contribute food and funds to CORA, or consider spending some time volunteering at the Food Pantry. Jim Abrahamson (919-967-9639) or Bill Powers (919-942-2919) can give you more information.

If you are into spring-cleaning

and want to de-clutter your medicine cabinets, remember that you can bring unopened prescription medicines to Jody Hite's office for donation to **Chatham Cares Community Pharmacy** in Siler City. This non-profit agency provides quality pharmacy services to low income, and uninsured or underinsured county residents.

A reminder: you can support the **Chatham Literacy Council (CCL)** by attending the Spring for Literacy Luncheon at Galloway Ridge on May 6 from 11 am to 2 pm. The speaker will be Krista Bremer, author of *My Accidental Jihad*. Tickets are \$50 of which \$29 is tax deductible. Register online at http://www.chathamliteracy.org or by calling 919-524-6424.

The Chatham Council on Aging (COA) is still looking for volunteers to provide e-reader (Nook or Kindle) tutorials for county residents 60 or older on how to use the devices to read or check out books from the Chatham County Library in Pittsboro. Tutorials will be held at the library, or possibly at Carolina Meadows, with a maximum of 3 clients, but will likely be one-on-one. Tutors, who

themselves have had training on an e-reader and in providing an efficient, patient tutorial, would be contacted when a client requests services. The COA Volunteer Coordinator, Megan Adkins, will match clients and volunteers. Want to learn more? Please contact Howard Diamond (919-933-0641) or at funmath@mindspring.com.

The **Council on Aging** is also looking for new Board members, particularly those with business skills, to help improve their operations and guide their work. They are interested in attracting those who have experience in any of the following: business, health care services, strategic planning and project management. The Board meets monthly at the Pittsboro Senior Center on the fourth Thursday at 5:30 pm. To find out more about the agency and its programs, visit its website: http:// www.chathamcouncilonaging.org or contact the COA President, Jim Hackney, at jimh3030@gmail.com.

Check out the new COVC bulletin board location in the Club Center for other ways you can volunteer your time and talents.

- Marie Lauria

The Clothing Exchange

Doing your spring or fall cleaning? Wondering what to do with the clothes you no longer need? Consider donating them to the free Clothing Exchange located in the Club Center lower level. Clothing available in the Exchange is there for anyone to use – residents or staff. Donation forms for tax purposes are available at the Exchange area. - Linda Zachary

Music Appreciation: Fridays, 11 am, Fairways Gallery

May 2 – Tchaikovsky Piano Concerto #1 May 9 – Brahms Symphony # 3 May 16 – Beethoven Piano Concerto #4 May 23 – Wagner Overtures May 30 – Albeniz Iberia books I & II

Current Affairs

May 1 – with Arvin Kramish 3:30 in the Fairways Living Room

Chatham Habitat: Not Just Building Homes, but Building Communities

Since 1989, Chatham Habitat for Humanity (CHFH) has worked to change substandard housing conditions in Chatham County. They began as builders, but today, they pride themselves on purposely creating sustainable communities. They have built 120 safe and affordable homes for low to middleincome families throughout Chatham County. Thanks to the labor of 25,000 volunteers, over \$800,000 in labor costs have been saved. In 2013, CHFH also launched a new program called "A Brush with Kindness," that provides small exterior repairs to Habitat homes and surrounding neighbors.

Successful Neighborhoods

Habitat communities are healthy neighborhoods where crime rates have plummeted, children are likely to succeed in school and area workforces have been stabilized. There is already a documented need for 850 additional units of affordable homes. CHFH, with the community's support, is stepping up to the challenge. Along with CHFH and its partner families, labor and financial support are provided by individuals, churches, businesses, foundations and civic groups. Cost is further reduced by the donation of building materials, specialized labor and other in-kind donations. The income generated by two resale stores in Pittsboro would be enough to fund the construction of six houses each year. Re-Store One and Re-Store Two sell donated household furnishings and construction materials.

In Pittsboro, ground was broken for the first Chatham Habitat house on February 3, 1990. Since then 74 homes have been built in Pittsboro, and 46 homes in Siler City. The homes are sold to families with a mortgage at affordable interest rates, for an average of 25 years.

CM: First NC CCRC to Fund a House

Our residents and Carolina Meadows, Inc. have supported CHFH since the early 1990s. Residents have donated household items, volunteered in the Re-Stores and been part of the construction teams that worked on the houses. We are very proud of the fact that in 2002, residents and staff raised \$50.375 to build a Habitat home in the Habitat Acorn community in Pittsboro. Carolina Meadows was the first CCRC to fully fund a Habitat house in North Carolina. Residents and employees worked on the exterior of this house and the painting of the interior. Several years later, CM residents and members of the United Church of Chapel Hill partnered to build a house for an employee in Housekeeping, who also worked at the church. Today, the cost to fully fund a house is approximately \$78.000.

Donate Time or Goods

The CHFH truck regularly visits CM to pick up donations from residents as well as from CM, Inc. For example, the cabinets to be removed for the renovation of the Club Center kitchen are going to Habitat Restore Two for resale. Also, for the past few years, the Community Outreach Volunteers Committee (COVC) has coordinated mailings for the CHFH here at Carolina Meadows, in effect contributing a substantial amount to the agency.

In early May, the COVC is plan-

ning a bus trip to the CHFH to visit the Re-Stores, some Habitat homes and new home construction sites. If you are interested in volunteering or learning more, call Vickie Badrow at 919-942-0497. Please call 919-542-0788 to donate items.

Neighbor-to-Neighbor: A New Carolina Meadows Tradition?

- Vickie Badrow

When Hawthorne Drive was a messy, congested construction site in 2012-13, Carolina Meadows Administration asked curious residents to stay away for safety reasons, promising a later opportunity to visit the new villas. That opportunity came on April 2nd, when residents in 11 Precinct 15 villas opened their homes for a "Neighbor to Neighbor" house tour. Residents in Phase 5 were delighted to have a way to say "thank you" for the warm welcome other Carolina Meadows residents had extended to them.

More than 100 residents signed up for the Neighbor-to-Neighbor Tour and were brought by a large bus from the Clubhouse entrance to a convenient spot on Hawthorne near the Community Garden. Additional residents walked in from nearby streets. Some ten employees joined the tour as well. People walked up and down Hawthorne or were driven by smaller buses and golf carts—touring one villa after another. Two of the precinct's three mail kiosks were designated resting spots, staffed by neighbors who offered cold bottles of water

(Continued on p. 16, "N to N")

(Continued from p.15, "N to N")

and information about the tour.

Tour participants were given a map of Hawthorne and descriptions of the participating villas, all marked by bright balloons. Other Phase 5 neighbors volunteered to help staff the houses on the tour. When some 70 residents and employees visited Villa 513, for example, owners Carolyn Holt and Bob Weston were grateful that Nancy Lederer and Bonnie Armer were there to help them play tour guides, so there was someone in every part of the villa to answer questions.

interested in construction choices. The tour was viewed clearly as an opportunity to make new friends. Many visitors enjoyed and commented on pictures, sculpture, books and the ways personality shows up in a home.

Judith Tilson and Marilyn Jonas played key organizing roles in Neighbor to Neighbor and were greatly helped by Carolina Meadows staff, with everything from balloons to buses. E-mails after the tour were very positive: "not easily planned, not easily orchestrated, but what an outcome!," "an experience we won't forget,"



Alice Haynes shows her villa to Helen Stedman, Mimi Smelzer, and Betty Farlow

Photo by John Haynes

Residents who had opened their homes for the tour celebrated the event's success with a potluck the following Saturday evening, where they debriefed the experience. Everyone reported that guests kept remarking on the uniqueness of each villa: despite beginning with four basic floor plans, no two villas had identical layouts. The biggest surprise was that visitors were not primarily

"everyone was so welcoming," and "neighborliness at its best."

Everyone in Precinct 15 who took part in the house tour hopes another precinct will take up the idea next year. It's a great way to further strengthen our already awesome sense of community. And it was a lot of fun! Will your precinct host the next Neighbor-to-Neighbor event?

- Carolyn Holt

Residents Association Meeting

Election of Officers for 2014-15:

Jim Seitzer, chair of the Nominating Committee, presented the slate of officers for the Residents Association.

President - Judith Pulley
Vice-President - Gordon Battle
Secretary - Mary Jean Lowrie
Treasurer - George Evans
Seitzer then called for nominations from the floor. There were
no other nominations so, in accordance with the Bylaws, the Secretary, Mary Jean Lowrie, cast one

Report by CEO Kevin McLeod

vote to elect these officers.

Club Center Dining Renovations: The courtyard has been unearthed, old soil had to be removed and new soil has been brought in. The contractor is currently rerouting the storm water piping and yard inlets before proceeding on the building foundation. We expect that to take at least another week to finish. The temporary employee parking lot area has not been completed to date due to the continued wet weather and delays by the utility company installing the lighting. The lighting must be approved by the County before we can proceed any further. Staff will be allowed to continue using spaces by the tennis courts until further notice. The Board of Directors Retreat was March 28. The topic was Home Care and Continuing Care at Home. The Board is studying these ideas as they relate to our strategic plan and industry trends. The next step is a feasibility study of the eligible age and income-

(Continued on p. 17 "RA")

Dining Reminders

Due to the number of deliveries each day, please phone your order in by 4 pm to receive a delivery for that day. For that same reason, please allow until 6:15pm for your delivery to arrive before calling to inquire about an ETA. The only number used for deliveries and reservations should be 919 370-7136.

(Continued from p. 16, "RA")

qualified persons and desired services so that we can determine whether there is a market deep enough to sustain a new business venture. The goal is to have information for the Board to review at its August meeting.

Residents' Questions:

Question 1 - To what do you attribute the increase in sales of these units?

A. There is a trend across the industry for CCRC sales to be up. This is influenced by the increase in sales of houses. We have had more success as we are now calling everyone on the waiting list and asking about his or her plans to move to CM.

Question 2 - Are you going to bring Pickleball to CM?

A. Pickleball is very popular among seniors and it is easier on the joints. We may enclose both tennis courts and make one court into a pickle ball court. There is no timetable for this, though enclosing the tennis courts is in the master plan.

Question 3 - What is the role of Leading Edge in supporting seniors under the new NC tax law. A. Leading Edge will pass out in-

Behind the Wall - Continued



The view from the Courtyard. Photo by John Haynes.

formation on the 2014 tax changes but is not a lobby.

Question 4 - It is difficult for residents using canes, walkers, or electric chairs to push the door exiting the Dining Room. We need an automatic door opener installed there.

A. We will fix that problem. Announcements

Wellness - Michelle Marino and Kris Snyder rolled in on the two new Schwinn tricycles that are available for residents to use. Residents' Medco keys have been activated to allow access to unlock the bikes from Storage Unit Four next to the Tennis Courts. They are 26" adult bikes and come with a helmet and also a basket on the rear of the. The bikes are for oncampus use only. Contact the Wellness Department at extension 114 if you need help in getting acclimated to using the bikes.

Michelle announced that Precinct 9 with Rep Tom Hollingsworth won the March Madness Basketball Challenge with correct picks of 3 out of 4 of the Final Four teams. Precinct 9 wins a \$100 catering credit for their wise choices.

By John Haynes

The renovation is going very smoothly, except for the weather delays, the bad soil in the court-yard, the unfortunate drainpipe event, and oh, the dining room ceiling waterfall ...

Where to begin...a lot of progress has been made over the past month, some we've all seen, but much has been out of our sight.

We have all found our way to the new mailbox location after first heading to where it used to be. We have all seen the staff somehow overcoming the obstacles with good-natured effectiveness.



The great Friday night flood. Photo by John Haynes.

For example: On Friday evening April 4, as she was asked to open the doors for evening dining, "frantically polite" Yessica told the managers there was a stream of water coming into the dining room from the ceiling – as fast as the staff placed a bucket under the

(Continued on p. 18, "Wall")

(Continued from p. 17 "Wall")

stream, two more streams opened up. Jack Coleman and his crew from Weaver Cooke quickly found and fixed the leaks that were unrelated to the new construction. By the time our party arrived at 6:30, that section was roped off and the staff calmly served the rest of us with aplomb.

The "nibbles" into the private dining room (and library) have given us new temporary walls as foundations are being prepared for footing for all the new exterior walls, new columns and beams. Yet service goes on. In the words of Deborah Glenn, Dining Services wants to thank the residents "for their understanding, patience and good humor as we strive to provide good service and normalcy through the navigation of this construction odyssey."



"Nibbles" Photo by John Haynes

In the Courtyard

The courtyard has been a beehive of activity – completely cleared for the new expansion – rear walls of the dining room stripped to the steel skeleton, shuffleboard courts gone, walkway gone, plants removed. What shrubbery could be saved was moved. Unfortunately the lovely mature hollies were too large to hand dig, and the access too narrow to allow a machine dig – sadly they had to be sacrificed.



In the muck of the Courtyard. Photo by John Haynes.

The courtyard soil samples showed unstable soil. Scuttlebutt is that the clubhouse was built on what was a pond on the old McCauley tenant farm here in years past. Five feet of the "bad" soil was removed and replaced with crushed rock. In the midst of replacing the old storm drain around the courtyard, the heavens opened up, so Jack and crew had to do some digging in the rain to keep water from flooding the Pines.

And there is a 12-inch sewer line nobody knew about, and nobody knows where it leads. But it will be found and tied in. As Jack says, "This type of work will keep you on your toes." ... or knee deep in mud, soaked to the skin. Some out of sight but important work has progressed. The dining room heating and cooling has been improved. All the electrical panels have been moved to a new location. Some fireproofing has been done and cuts to the existing slab have been laid out for plumbing for the new kitchen.

Parking, always tight at peak times, has gotten tighter. Golf cart parking at the Pines has been roped off. Building Supply trailers beside the W-C trailer have usurped more space as they store the materials for the new building, but the new employee parking lot has been leveled and crushed rock is in place.

Discovery

And the missing yogurt machine has been found! It's alive and well, misses your caresses.



The missing yogurt machine is found. Photo by John Haynes.

Don't want to linger in the Dining Room for dessert so others can have your table? Ask your server for a go-to cup, and savor it with the free coffee in our now established, companionable go-to place, the lobby.

As you enter the lobby these days and return the friendly greeting from Susan Tripp, do you still start to go left to get your mail, then do a 180 degree "oops," and head down past Jody's office to the new mailbox location? Never fear, sometime in the future, you will start to adjust and head right to it without hesitation! Just about that time, of course, they will move it to yet another location. Jack wants to keep us on our toes as well! Stay tuned!

CM Residents Volunteering at RDU

Remember when airplane travel was fun and even exciting and when getting to your plane was a relatively simple affair? Now when we go to Raleigh-Durham International Airport, it is evident how much more complex and stressful travel has become. Carolina Meadows residents Claude Drake and Mary and Don Andrews are among those who volunteer their time to reduce that stress and enable travelers to have a more positive airport experience.

RDU is served by eight regional airlines and their partners, flying daily out of two terminals to nearly 40 destinations. More than 9.2 million flew into and out of RDU in 2012. In 1997, RDU created the Volunteer Ambassadors Program to offer them assistance. Trained volunteers, under the direction of a Volunteer Coordinator, have contributed more than 100,000 hours to helping travelers navigate the airport maze.

Information Please

Native North Carolinian Claude Drake, a former UNC Dental School faculty member, is one of the 43 current RDU "Ambassadors." Claude, who learned about this kind of volunteering from a friend, has been doing it for more than 10 years. You might spot him in his official red vest, usually at a portable desk near the escalator going to Baggage Claim. Volunteers also assist the paid staff at the Terminals' permanent Information Desks. There is a good working relationship among the Customer Service staff, RDU police, TSA staff and volunteers.

Disembarking passengers approach Claude looking for information about ground transporta-

tion, directions to local cities and sights, nearby restaurants, the location of currency exchanges, ATMs and restrooms, not to mention many other questions. Sometimes they even need his help to find the car they misplaced in the parking deck! Departing passengers, particularly first time fliers or those with language barriers, may be confused about how to get their boarding passes or find the right gate. Mothers with small children or the disabled or elderly may need a helping hand getting through security and to their departure gate. Family or friends bringing or picking up passengers are often looking for updated information on flight arrival or departure times. Claude enjoys his volunteer role and the challenge of troubleshooting any problem, easing travelers' anxiety and getting people on their way to their destinations. He likes the diversity each weekly four-hour volunteer shift usually brings and the satisfaction that comes from offering useful and cheerful help to RDU travelers.

The USO Center

Mary and Don Andrews also are long-time airport volunteers, helping staff the USO Center in Terminal 2 that opened in August 2004. RDU is the arrival and departure point for servicemen and women stationed at one of North Carolina's six major military bases, and from those around the country. Center volunteers serve many of the nearly 2,000 service members and their families who pass through each month. Some are heading to duty at new bases, or to overseas postings or into combat zones; others are coming

home war-weary, or wounded, or at the end of their tours. Welcome smiles and hugs await them at RDU.

Mary and Don, among the Center's founding members, are there every Wednesday. The Center has a lounge, kitchenette, dining room and play area. There are comfortable recliners, large computers with Internet access, books, magazines and TVs. Volunteers staff the Center 24 hours a day, offering food (often homemade) and beverages, helping make travel arrangements, giving information, providing a listening ear or a friendly word, and trying, as Mary notes, "to make it feel a little like Grandma's house." Volunteering at the Center is so popular that there is a waiting list for new volunteers.

Don and Mary know firsthand the value of supporting our troops. Don, a West Point graduate, retired as a Colonel after 30 years in the Army, serving in Vietnam, England, West Point, Fort Bragg and many other places. Mary, having been an Army wife, understands what family members experience from the demands of travel for military service. Both are from military families and are especially suited to their USO volunteer roles.

Next time you fly out of RDU, take time to thank the volunteers you see, even if you have no questions or don't need help. Volunteers give valuable time and energy to making RDU a better place to pass through. If this kind of volunteering appeals to you, check out www.rdu.com/jointeam/volunteer, or give Claude or the Andrews a call to sit down over a cup of coffee and learn more.

- Marie Lauria

Medical Update: Everything you NEED to know about Public Health around here

On May 15 our monthly Medical Update will feature the newly appointed County Public Health Officer, and director of the Chatham County Public Health Department, Layton Long. He'll be talking about his first six months on the job, drawing on his remarkable experience of over 20 years in public health, including his recent tenure at the State of North Carolina Division of Environmental Health.

Why should we care? After all, we live here in Carolina Meadows health promotion paradise don't we? Well yes, BUT ... ever wonder about:

- standing water puddles and the mosquitos they breed?
- West Nile Virus, or for that matter, what the heck is "Chicawhatzis fever" and do we need to consider it?

- that dead fox beside the road and who else worries about it and why?
- those ticks you get (or that get you!) when you take a wonderful Carolina Meadows health walk? Should we be worrying about Lyme disease (or is that something we left behind when we left Connecticut?) or Rocky Mountain Spotted Fever?
- who makes sure the food coming out of our kitchen during remodeling is safe (it has been amazing that it's still as well-prepared and delicious as ever, but are there risks?).
- the health of the rest of the people in Chatham County and why that might matter to you? Or for that matter, what you might do to help them out?

Store up your questions and bring them to the:

Medical Update Thursday, May 15, 2014 2-3 PM

Lecture Hall

- *Hugh Tilson*, Health and Wellness Committee

Repeat of Medical Update: Carolina Meadows Primary Care Practice

Friday, May 30, 2 pm, Lecture Hall

As promised, the spotlight on the Primary Care Practice (formerly called the Community Clinic) presented in February will be repeated on Friday, May 30 at 2 pm in the Lecture Hall. Emma Harrill, Practice Manager, Dr. Holly Jean Coward, Medical Director, and Nurse Practitioner Chip Baker will give an overview of the spectrum of senior health services including preventative services, chronic disease management and referral

management offered at the Clinic. They will describe the unique person-centered approach, focusing on relationships, continuity of care and how the staff works collaboratively with social work, therapy and wellness team members to support the healthiest, fulfilling life possible.

The role of the nurse practitioner in primary care will be explained as well as how the Primary Care Clinic offers urgent care services to residents unable to access their offsite care providers.

There will be ample time for questions and answers.

- Mary Joy Keane, Health and Wellness Committee Chair

Daytrippers Unite!!

On Friday, May 16, join us for a trip to Pittsboro to tour Mark Hewitt Pottery, then a boxed lunch and a wine tasting of North Carolina Wines at unWINEd in Chatham County. Born in Stoke-on-Trent, England, Mark is the son and grandson of directors of Spode, the fine china manufacturers. As a student at Bristol University in the early 1970's, Mark read Bernard Leach's A Potter's Book and decided to become a potter. This decision led to an apprenticeship with Michael Cardew and later another with Todd Piker in Connecticut, where Mark met his wife Carol.

In 1983 they moved to Pittsboro and set up their pottery. Mark built a very large wood kiln and began making the distinctive functional pots for which he is known, specializing in very large planters and jars, along with finely made smaller items. He uses local clays and blends the different North Carolinian folk traditions together into a contemporary style that has attracted a sizeable following. He has exhibited in London, New York and Tokyo, as well as throughout the US. He is well represented in museum and private collections.

UnWINEd was opened for business in 2011 as a retail wine shop serving and selling exclusively North Carolina wines by the bottle or glass, cheese, crackers, salami and chocolates. All products are from North Carolina except French olives. They are waiting for a local sustainable farmer in Chatham County to figure out how to grow olive trees in NC!

Cost is \$25 per person for transportation and a boxed lunch. There is an additional \$7 charge for wine tastings on your own, payable at unWINEd. Sign up by **FRIDAY, MAY 9**.

Wellness Corner

No classes on Monday, May 26, Memorial Day

In honor of **National Better Hearing Month**, UNC Hearing and Communication department is offering free hearing screenings Monday, May 5 from 1-3 pm at Carolina Meadows in the Pines Study. Register for an appointment by calling 919-493-7980.

Stave Fit: New summer class offering at CM. Learn more Wednesday, May 14 at 1 pm in the Auditorium, presented by founder Sofia Hernandez. Classes provide leading edge therapeutic movement based on medical clinic research and development to enhance understanding of the interaction between the body and mind of individuals dealing with the effects of aging and neurological disorders. Our goal is to improve quality of life as well as the mental and physical well being, and promote longer, happier, healthier lives.

Functional Balance Classes held Mondays and Wednesdays May 5-May 21 (no class May 14) 1:30-2 pm in the Exercise Studio. Cost for series is \$10, billed to your CM account. Sign up in the Wellness Book today! This class is not for participants with walking assistive devices such as walkers, canes and wheelchairs. We will be utilizing the "The Otago Exercise Program (OEP)," designed by the Falls Prevention Research Group at the University of Otago Medical School in New Zealand. The OEP includes progressive leg strengthening and balance retraining exercises. Evidence supports use of OEP to prevent falls among seniors living independently and who have had a fall or have been assessed as a fall risk.

International Folk Dancing: Join us and learn a variety of dances from around the world...right here! No prior dance experience, passport or partner required. Come to have fun! All are welcome...please wear comfortable shoes that stay on your feet. Where: Carolina Meadows Exercise Studio When: 11 am-noon, May 8 and 24

Cost: \$5 per session due to in-

structor at time of class.

and residents.

The next "Mindful Eating" session will be held Friday, May 16 at 1:30 pm in the Board Room. Diet Mentality will be presented by CeCe Eckert, CM Dietician. She will give an overview of Diet Rankings, Change, Testing Your Readiness and Weight Loss Tips from A to Z. Call Nancy Hudspeth with questions, 919-370-7259. Open to staff

Walking Partners Spring Walking Challenge: Register in the Wellness Sign up book and a monthly calendar will be delivered to your mailbox each month throughout the challenge. Record your walking time on the date you walked. Turn in your calendar to the Wellness Dept. mailbox at the end of May. Participation prizes will be drawn May 31. On-campus group walks ranging between 1 and 2 miles will be held on Mondays and Wednesdays at 3:15 pm through May 21. Meet in the CC Lobby and check MeadowLife for cancellations.

TRY TAI CHI. - For Breath, Balance, Confidence, Coordination, Mental Focus. Traditional Chinese exercise with many health benefits. Simple, fun and invigorating! Join us Wednesdays from 2:45-3:30 pm in the Exercise Studio

with Dr. Jay. Dunbar. No cost or registration required.

Cardio Light: Saturdays 1:30 - 2:15 pm, by Sue Wartek. A mix of low-impact aerobic and dance moves with music, concluding with 10-15 minutes of stretching that promises to boost mood, burn fat, build stronger bones and improve stamina and brain health.

Change in schedule: Flexercise will now be offered 10-10:25 am, followed by Strength Training at 10:30-11 am on Tuesdays and Thursdays. Flexercise offers a low impact aerobic routine. Strength training uses free weights (1 lb or higher) and resistance bands to help maintain and increase muscular strength.

Weekly Equipment Orienta-

tions: Fitness Center orientation for proper use of exercise room equipment. Tuesday through Thursday 5- 6 pm at no cost. Register in the Wellness Book.

Pullen Park Day Trip: Wednesday, June 4. Bus will load at 9 am. Richard Stanhope Pullen founded Historic Pullen Park on March 22, 1887. Mr. Pullen donated the farmland to the City of Raleigh to be used as parkland. He intended this land to be used for recreation

this land to be used for recreation and pleasure. Through his vision, Pullen Park became the first public park in North Carolina. Cost of transportation is \$10, billed to your CM account. Tickets for amenities at the park including an indoor carousel, train, and paddleboats are \$1 each and will be available at the park. You are welcome to pack your own picnic lunch or purchase lunch on your own at the onsite restaurant that features local NC vendors. Sign up in the Activities book today!

Activities

Sign up in the sign-up book Dinner Night Out - Kanki Japanese Steakhouse Thursday, May 1

Cost: \$8.50 per person + dinner

on your own

Deadline: Wednesday, April 30

Opera Live at the MET (Regal Cinemas, Brier Creek) Rossini's La Cenerentola Saturday, May 10

Cost: \$24 per person for transportation. YOU are responsible for purchasing your own ticket upon arrival at the theater box office.

Deadline: Wednesday, May 7

Chamber Orchestra of the Triangle

Sunday, May 11

Cost: \$34 per person Deadline: Thursday, April 24

Sign-up Book - Daytrippers Mark Hewitt Pottery and lunch and wine tasting at unWINEd

See page 20 for more information **Friday, May 16**

Cost: \$25 per person for transpor-

tation and food.

Deadline: Friday, May 9

Other Events

Wii Bowling Wednesdays at 1 pm Rec Room (Club Center Lower Level)

Tuesday at the Movies

2 pm Lecture Hall
Tuesday, May 13 *Cabaret*1972 – Rated PG
Michael York, Liza Minelli
A British scribe (York) and his
comrades – including a flamboyant American nightclub entertainer named Sally Bowles (Minelli) –
chronicle the debauchery and tur-

bulence of prewar Berlin in director Bob Fosse's big-screen adaptation of a musical classic. Existing in a morally ambiguous void, the characters doggedly maintain their facades as the world outside gears for war.

A Grand Time for Singing presents "Opera to Broadway"

2 pm Auditorium Friday, May 9 See page 9 for more information

Piano Recital featuring students of Misako Toda

1 pm Auditorium Saturday, May 10

Village Voices and Harmony Grits

7:30 pm Auditorium Monday, May 12 See page 8 for more information

Piano Recital featuring students of Christene Vaughn

6 pm Auditorium Friday, May 16

Violin Recital featuring students of Carrie Engsberg

1 pm Auditorium Saturday, May 17

Piano and Voice Recital featuring students of Elena Marinina

4 pm Auditorium Saturday, May 17

Piano Recital featuring students of Connie Yee

3 pm Auditorium Saturday, May 31

Jewelry Design and Repair

1:30 pm-4 pm Art Studio **Tuesdays, May 13 & 27**

If you would like to learn how to design your own jewelry, or need jewelry repaired, Eva Mogensen would be happy to help! Classes run \$5 - \$20 a person per session (payable to Eva).

If you would like to have a beginner's session, please contact Eva directly at 919-797-0289.

Alterations by Zar Zar (by appointment only)

Carolina Meadows welcomes Zar Zar on Wednesdays, 11 am-2 pm, for alterations. Please call Jody at 919-370-7171 to make an appointment. Price list available in the Activities Office.

May is Mental Health Awareness Month

Take care of your mental health by staying engaged in all dimensions of wellness:

- 1. Exercise may be the best bet, as it lacks the side effects associated with antidepressants and may contribute to better overall health and well-being.
- 2. Spiritual health can provide hope, courage, enthusiasm, and connection.
- 3. Social interaction keeps us engaged and growing.
- 4. Intellectual pursuits help keep our minds active and able to focus.
- 5. Purposeful pursuits help us feel like we are contributing in some way to the world around us.
- 6. Emotionally we all need a support system, a place to express ourselves, solutions to finding balance in our lives.

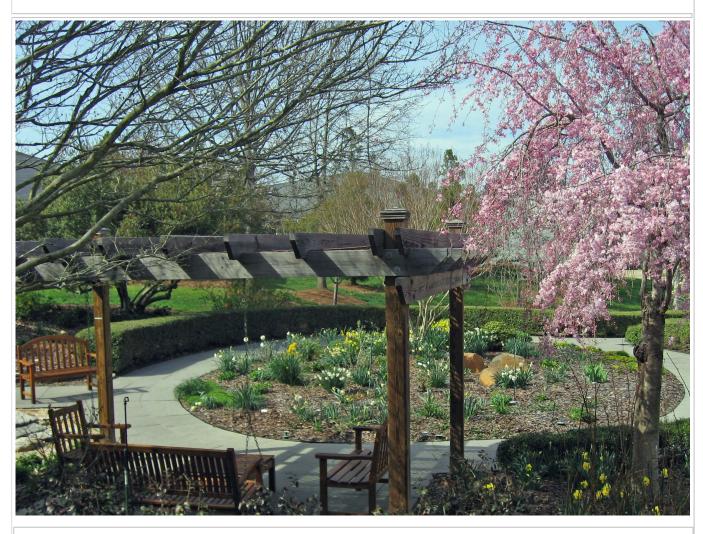
Have you seen the movie *Hap-py*? See the link: http://www.gaiamtv.com/video/happy

May 2014 Calendar

DAY	DATE	TIME	EVENT	LOC	PAGE
Thur.	1	1:30 PM	Residents Council	BR	NA
		3:30 PM	Current Affairs – Arvin Kramish	FLR	14
Fri. 2	10:30 AM	World Affairs: The Town Before Brown (Documentary: Chapel Hill)	LH	10	
	11:00 AM	Music Appreciation: Tchaikovsky Piano Concerto #1	FG	14	
Sat.	3	5:30 PM	* Kentucky Derby Party	AUD	6
Mon.	5	1:00 PM	CMU – "Dance in Broadway Musical Theater: The Golden Years"	LH	9
Wed.	7	8 AM-3 PM	Library Book Sale	AUD	13
Thur.	8	1:30 PM	Residents Association	AUD	NA
Fri. 9	10:30 AM	World Affairs: "The Start of the First World War"	LH	10	
		11:00 AM	Music Appreciation: Brahms Symphony #3	FG	14
		2:00 PM	"Opera to Broadway"	AUD	9
Sat.	10	7:15 PM	Saturday Movie: Frozen	AUD	11
Mon. 12	12	10:00 AM	Macintosh-iPad Users Group	LH	NA
	1:00 PM	CMU – "Dance in Broadway Musical Theater: More Recent Years"	LH	9	
		7:30 PM	Village Voices and Harmony Grits	AUD	8
Tues. 13	13	11:45 AM	*Women's Luncheon: Neha Shah, Chatham Director of Tourism	PDR	6
		2:00 PM	Tuesday at the Movies: Cabaret	LH	22
Thur.	15	2:00 PM	Medical Update: Layton Long, Chatham Public Health Dept.	LH	20
Fri. 16	16		*Daytrippers: Hewitt Pottery & unWINEd	CC	20
		10:30 AM	World Affairs: "Ukraine: Torn Between East and West"	LH	10
		11:00 AM	Music Appreciation: Beethoven Piano Concerto #4	FG	14
Sat.	17	7:15 PM	Saturday Movie: Made in Dagenham	AUD	11
Sun.	18	2:00 PM	Concert: Clara Yang, pianist	AUD	8
Tues.	20	3:00 PM	Thoughtful People: Kaja Finkler-"An Anthropologist at Work"	FG	13
Wed. 21	21	8:30 AM	*Men's Breakfast: Don Lauria- "Itsy Bitsy Teeny Weenie Taste of Zen"	PDR	6
		2:00 PM	Book Group: Cataloochee	LH	13
		7:30 PM	Phoenix Theater Company	AUD	8
Thur.	22	1:30 PM	Unity: Don Stedman: "Values and Challenges of Education"	LH	9
Fri. 23	23	10:30 AM	World Affairs: The Story of India: Freedom (Documentary)	LH	10
		11:00 AM	Music Appreciation: Wagner Overtures	FG	14
Sat.	24	7:15 PM	Saturday Movie: Vitus	AUD	11
Mon.	26	11:00 AM	Memorial Day Program: General Gary Pendleton	AUD	3
Fri.	30	10:30 AM	World Affairs: Subhash Batra, "Overview of India's Elections"	LH	10
		11:00 AM	Music Appreciation: Albeniz Iberia Books I & II	FG	14
		2:00 PM	Health & Wellness: CM Primary Care Practice	LH	20
Sat.	31	7:15 PM	Saturday Movie: Bull Durham	AUD	11
			June 2014 Calendar		
Mon.	2	1:00 PM	CMU: John Shelton Reed: "Getting photographs for <i>Dixie Bohemia</i> "	LH	9

*Requires prior sign up.

AS: Art Studio CCRR-Club Ctr. Rec. Room ES: Exercise Studio LH: Lecture Hall AUD: Auditorium CRAC: Conf. Rm, Activ. Ctr. FC: Fitness Center PDR: Private Dining Room BR: Roard Room CYD: Courtyard FG: Fairways Gallery CCL: Club Center Lobby DR: Dining Room FLR: Fairways Living Rom



The Meadow Garden in the Spring. Photo by Joe Mengel.



University Speakers brought together UNC-CH Chancellor Carol Folt, as well as (left to right) former Chancellor Paul Hardin and his wife Barbara, former Chancellor Bill Aycock, Chancellor Folt, and Barbara Fordham, wife of the late Chancellor Chris Fordham.

Photo by Joe Mengel